

CANADIAN AVIATION REGULATIONS RECENCY REQUIREMENTS

401.05

5-year Recency

(1) Notwithstanding any other provision of this Subpart, no holder of a flight crew permit, licence or rating, other than the holder of a flight engineer licence, shall exercise the privileges of the permit, licence or rating unless

(a) the holder has acted as pilot-in-command or co-pilot of an aircraft within the five years preceding the flight; or

(b) within the 12 months preceding the flight

(i) the holder has completed a flight review, in accordance with the personnel licensing standards, conducted by the holder of a flight instructor rating for the same category of aircraft,

(ii) the flight instructor who conducted the flight review has certified in the holder's personal log that the holder meets the skill requirements for the issuance of the permit or licence set out in the personnel licensing standards, and

(iii) the holder has successfully completed the appropriate examination specified in the personnel licensing standards.

2-Year Recency

(2) Notwithstanding any other provision of this Subpart, no holder of a flight crew permit or licence, other than the holder of a flight engineer licence, shall exercise the privileges of the permit or licence in an aircraft unless the holder

(a) has successfully completed a recurrent training program in accordance with the personnel licensing standards within the 24 months preceding the flight; and

Carrying Passengers

(b) where a passenger other than a flight test examiner designated by the Minister is carried on board the aircraft, has completed, within the six months preceding the flight,

(i) in the case of an aircraft other than a glider or a balloon, in the same category and class of aircraft as the aircraft, or in a Level B, C or D simulator of the same category and class as the aircraft, at least

(A) five night or day take-offs and five night or day landings, if the flight is conducted wholly by day, or

(B) five night take-offs and five night landings, if the flight is conducted wholly or partly by night

421.05

(1) In order to comply with the requirements of [401.05\(1\)\(b\)](#)

(a) the flight review shall include all items normally covered during the flight test for the issue of that permit or licence,

(b) the flight instructor completing the flight review shall certify in the holder's personal log that the skill requirement has been met, and

(c) the holder shall successfully complete the written examination Student Pilot Permit or Private Pilot Licence for Foreign and Military Applicants, *Air Regulations* (PSTAR)

(d) The certification in (b) above shall read:

"This is to certify that the skill requirement for _____ (permit or licence) has been met" and shall include the date and the name, signature and licence number of the instructor.

(2) In order to comply with the requirements of [401.05\(2\)\(a\)](#), any of the following are considered acceptable as recurrent training programs:

(a) completion of a flight review conducted by the holder of a flight instructor rating in the same category, shall include all items normally covered during the flight test for the issue of that permit or licence;

(b) attendance at a safety seminar conducted by Transport Canada Aviation;

(c) successful completion of a recurrent training program designed to update pilot knowledge, which could include subject areas such as human factors, meteorology, flight planning and navigation, and aviation regulations, rules and procedures that has been approved by the Minister as being satisfactory for those purposes;

(d) completion of the self-paced study program produced annually in the *Transport Canada Aviation Safety Newsletter*, which is designed to update pilot knowledge in the subjects specified in (c) above. The completed copy shall be the most current published by date and shall be retained by the licence holder;

(e) completion of a training program or Pilot Proficiency Check as required by [Parts IV, VI](#) or [VII](#) of the *Canadian Aviation Regulations*;

(f) completion of the skill requirements for issue or renewal of a pilot permit, licence or rating, including night rating, VFR over-the-top rating, instrument rating, multi-engine class rating, flight instructor rating, landplane or seaplane rating; or